

Books

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Please note: Book sales have slowed to a trickle for most titles the last couple years, we have made the hard decision not to restock many titles when they are sold out because of this. We are the US distributor of J. Ott titles and will have these available for the foreseeable future.

GRAFTING GUIDE

by Ben Kamm

Grafting of a slower growing species onto a faster growing stock increases plant growth significantly. It is a viable means of quickly producing mature specimens for seed production and vegetative propagation. This illustrated guide covers all aspects of grafting, from week old seedlings to mature specimens. Includes tricks we have learned over the years that help make this valuable conservation technique accessible and practical. Focuses mainly on Cactaceae but coverage is given to Euphorbiaceae, Apocynaceae and other succulent families. \$9.00 (8 oz)

GROWING PLANT MEDICINE: Volume 1

by Richo Cech illustrations by Sena Cech

Brand new book from master plantsman Richo Cech, a much-expanded version of the his classic *The Medicinal Herb Grower*.

Draws on the author's lifetime of cultivating and living with an amazing diversity of medicinal plants. Pretty much everything you need to know about natural organic gardening techniques, from seed to harvest, for a great majority of healing herbs. Newly augmented with bioregional medicinal plant recommendations, garden plans and materia medica. Arranged by plant families, alphabetically by kinship and common name—covers families A through H. Volume 2, which is in production, will cover the rest of the alphabet. This is hands down the best reference for medicinal plant cultivation there is. Delightfully illustrated by Richo's daughter Sena, full of personal anecdotes and life stories—not only useful, this book is a joy to read!

Softcover, 354 pages \$29.95 (2 lbs)

PIHKAL: Phenethylamines I Have Known and Loved

by Alexander & Ann Shulgin

We have just a few copies of the deluxe hardcover slipcased edition of this monumental work by the late Dr. Shulgin and his wife. Originally printed as only 300 signed copies, these are *unsigned* copies of which only a handful exist.

Hardcover slipcased edition \$85 (3 lbs)

PLANTS USED BY AMAZON SHAMANS IN THE AYAHUASCA DRINK

by Luis Alberto Lopez Vinatea

This hard to find little book covers over 120 plants that are known to be used in the Ayahuasca potions of Peru. Lists the scientific name of each plant, plant family it belongs to, common and indigenous names, geographical distribution, chemical composition, herbariums where voucher specimens are deposited, and its reported effect as an additive to the brew. Introduction and a brief overview of the ayahuasca phenomenon in Spanish. A good hard to find reference source.

Softcover, 80 pages \$12.50 (8 oz) SALE PRICE! \$9.50

THE REMARKABLE BAOBAB

by Thomas Pakenham

Acclaimed historian and author of Remarkable Trees of the World, devotes an entire volume to one of the most impressive life forms on our planet, the fantastical Baobab tree. 8 years in the making, the author traveled the world in search of the most striking Baobabs, this book is a photographic and literary ode to these gargantuan trees. Covers the ecology, mythology, religious impact, value as food, medicine, and shelter. An informative and entertaining read, packed full of spectacular and bizarre color photographs. Just a couple copies left.

Hardcover, color photographs, 145 pages \$14 (normally \$20!) (2 lb)

TENDING THE WILD: Native American Knowledge and the Management of California's Natural Resources

by M. Kat Anderson

The most significant and impacting book we've read in the last few years. A thorough and unparalleled account of the profound interrelationship Native Americans had with the California landscapes and how this influenced the evolution of plant and animal communities over millennia. Plenty of insight into how we might begin to use indigenous knowledge in our own conservation efforts, how we can rekindle the human-nature relationship through restoring and reinhabiting our neglected and damaged lands. The author presents a wealth of information on native land management practices gleaned from interviews with indigenous Californian elders and an extensive survey of historical records. The complex picture that emerges from this explodes the myth of Native Californians as "hunter-gatherers" or "foragers." What early European explorers and settlers mistook as pristine untouched wilderness was in fact a vast intimately managed "garden." This volume carefully illuminates the variety of ways early Californians purposefully tended their environment and how these practices gave rise to California's unique habitats, increased biodiversity and sustained beneficial vegetation types. Through annual controlled burning, coppicing and harvesting, California's once majestic woodlands, sweeping grasslands, dazzling wildflower meadows, and expansive wetlands were shaped and maintained. This provided an abundance of food and material goods for what was one of the most dense and diverse native populations in North America. The astounding loss of biological and cultural diversity, the extreme and drastic changes brought on by European colonization, the far ranging affect of the decline of California tribes and suppression of their land management practices is hard to fully grasp today, but the author does an excellent job presenting this history. She helps to reshape our understanding of native cultures and environments, not just in California, but around the world. We come to see indigenous people as active agents of environmental change and stewardship. This volume offers a view of human beings as full participants in the natural world, a much needed remedial middle ground to the modern polarity between the industrial overexploitation of nature and the preservationists' hands off approach. Traditional ecological knowledge is vital to developing a meaningful sustainable life in our modern global age, this work offers much practical wisdom. It has radically altered the way we look and relate to the ecosystems around us. We consider this book required reading for anyone living in California and recommend it widely to everyone interested in deepening their relations with nature.

Sold out

... BOOKS BY JONATHAN OTT ...

Natural products chemist, ethnobotanist, scholar, conservationist, linguist and author, Jonathan Ott is one of the world's foremost authorities on the botany, history, and chemistry of shamanic plants. Mentored by R. Gordon Wasson, Richard Evans Schultes, and Albert Hofmann. Jonathan currently manages a biological preserve in eastern Mexico. We are the US distributor for his books, wholesale inquiries are welcome.

THE AGE OF ENTHEOGENS & THE ANGELS DICTIONARY

A fantastic read, one of Ott's most accessible books. "A radical re-examination of the history of our western civilization, exploring the brutal suppression of ecstatic, experiential, natural religions from The Age of Entheogens, by the 1600-year-old Pharmacratic Inquisition, leading up to the contemporary Entheogenic Reformation." Followed by a dictionary-style lexicon of words pertaining to shamanism and entheobotany; made in response to R. Gordon Wasson's call for "a vocabulary to describe all the modalities of a Divine Inebriant".

"Could there ever be a more damning indictment of the spiritual bankruptcy of our vaunted western civilization... than the fact that it has transubstantiated the sacred fruit of the Tree of Life, the veritable well-spring of all culture... into scurvy contraband... made the truth a secret... the Logos a dirty word...?"
Softcover, 160 pages \$25 (1 lb) / Hardcover \$50 (1 lb)

PHARMACOTHEON: Entheogenic Drugs, Their Plant Sources & History

If you get only one book on the topic of entheogenic plants and compounds, this is it, the most complete reference book, a dense 640 pages covering over 1,000 species with the largest bibliography on the subject ever compiled. Everything you ever wanted to know, and much more. Accurate, definitive, and surprisingly entertaining. Foreword by Albert Hofmann. Softcover, 640 pages (2nd edition) \$50 (3 lbs) / Hardcover (1st edition) *inquire* (3 lbs)

PHARMACOPHILIA or The Natural Paradises

An irresistible, even poetic book addressing the spirituality, law, pleasure and science of psychoactives. A must read.

Softcover, 192 pages \$25 (1 lb) / Hardcover \$50 (1 lb)

Shipping for Books

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Books only sent Media Mail – add \$4 for the first lb, \$0.75 for each additional lb

Please email us for international shipping costs; sacredsucculents@hushmail.com

Botanical Products

GOLD ROOT *Heliopsis longipes*

Composite endemic to the mountains of central Mexico up to 8,000'. The fleshy lateral roots produce a very intense tingling sensation in the lips and mouth when chewed, much stronger than *Echinacea* or *Spilanthes* which have similar properties. Traditionally used for toothache (very effective!) and oral health. Rich in alkaloids with impressive analgesic, anti-inflammatory, antibacterial, antifungal, insecticidal and immune boosting effects. Demand for its insecticidal activity nearly led to its extinction during World War 2. The pleasant tingling effect from the chewed root can be transferred to other areas of the body and has been used as topical anesthetic and for interesting erotic purposes. Wildcrafted in Mexico.

Packet of dried roots \$5 (count as a seed packet for shipping) / 5 packets of dried root \$20

Limited bulk offer—Normally only available in very tiny amounts, here is your chance to stock up! 1 oz dried roots \$48

MUNA ESSENTIAL OIL *Minthostachys andina* or *setosa*

One of the signature scents of the Andes comes from this mint relative. This lovely plant is sometimes used as a flavoring in soups and is a popular digestive aid, nervine, cold remedy and antiparasitical. Also reported as an aphrodisiac. The essential oil is best used externally and is said to help with altitude, skin fungus, sore muscles, repel insects and to "cleanse negativity". Steam distilled in small batches by a friend in Peru.

1/8 oz bottle \$10 (1 oz for shipping) / \$30/ 1/2 oz bottle (4 oz for shipping) / \$50/ 1 oz (6 oz for shipping) / \$78/ 2 oz (1 lb for shipping)

Frankincense

Dried tears of sap from the bizarre *Boswellia sacra/carteri* (Burseraceae) trees of Somalia. An ancient incense widely revered since the dawn of civilization, often in combination with myrrh. At one time worth more than its weight in gold! It has a powerfully rich fragrance that produces a calm meditative state, heightening mental perception. It has very strong anti-inflammatory, antiseptic, antibacterial and antifungal properties.

1 ounce \$5 / 8 ounces \$24 / 1 pound (16 oz) \$40 *Inquire*

Myrrh

Dried pieces of sap from *Commiphora molmol/myrrha* (Burseraceae) trees of northeast Africa. Utilized for thousands of years as a precious medicine, sacred incense, perfume and ointment. A powerful antifungal, antibacterial and broad spectrum antiseptic for treating wounds. Powdered or dissolved in alcohol it can be made into a mouth wash. Taken internally as an expectorant, it can help treat colds, boost the immune system, aid digestion, and may even reduce cholesterol. Produces a heavenly aroma when burned, said to revitalize the spirit.

1 ounce \$5 / 8 ounces \$26 / 1 pound (16 oz) \$45 *Inquire*

Natural Products Shipping & Handling

Up to 8 ounces \$5

9 ounces to 1 pound \$8.50

\$2.25 each additional pound

\$2.25 per pound when ordered with plants under 8 ounces with plants = free shipping

Inquire for international orders

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